

Family Centre Fyren

A meeting place for children and parents



Welcome to us!

Family Centre Fyren

A meeting place for children and parents in Sotenäs

In the family centre you will find;

- » Children's clinic (BVC)
- » Free kindergarten
- » Parental support

The family centre addresses expectant parents or parents with newborn babies.

The family centre wants to promote good health for the children and their parents based on the families' living conditions.

We want to be a solid and secure meeting place for children between 0-6 years and their parents

The family centre offers the families an opportunity to meet and to get to know each other. It shall be easy to get advice and support from the staff and even to have an influence on the centre's activities.

We have our own children's nurse, preschool teacher and family adviser. We also work closely together with the midwife reception.

Welcome to the Family Centre
Skolgatan 1, 456 61 Hunnebostrand
Phone: 0523-66 47 55, 070-5645666

e-mail: familjecentralen@sotenas.se



FAMILJECENTRALEN
FYREN

The family centre is jointly run by Sotenäs community, the Health Care centre Närhälsan, Kungshamn and Sotenäs Health Care Centre

Free kindergarten

All children between 0-6 years are welcome as long as they are accompanied by their parent or another adult. The children can play, read, sing and meet other children and grown ups. We also offer coffee/tea at cost price.

Opening hours:

Monday 13.00-16:00

Thursday, babycafé 9:00-12:00

Friday 9:00-12:00

Support for parents

We offer support for parents in groups or separately based on the families' needs and interests. Parents can take part in the family

training or in meetings on special topics. Do you have questions concerning your children's progress or on your own parenthood? You are welcome to contact us.

In the preschool with parental support work preschool teacher, Anette Ekström and family adviser. You reach us on phone number 0523-66 47 55 or 070-564 56 66.

Further activities

Information about current activities you will find on our home page: www.sotenas.se or you can phone the Family centre: 0523-66 47 55 or 070-564 56 66.



Children's health care

We offer:

- » medical examinations for children 0-6 år
- » home visits
- » vaccinations
- » parent groups
- » advice and support

BVC in Närhälsan, Kungshamns Health Care Centre

Monday-Thursday 8.00-16.30
Monday drop in 13.00-15.00

Children's nurse:

Åsa 010-441 66 50

BVC in Sotenäs Health Care Centre

Tuesday 8.00-17.00
Thursday 8.00-17.00
Friday 8.00-12.00
..... (with drop in 9.00-10.00)

Children's nurse:

Elsa & Jennie 0523-199 76

Midwife reception

is located in Kungshamns Health Care center

We offer:

- » groups for expectant parents
- » health care for pregnant women
- » consultations on contraceptives

Monday 8.00-16.00
Wednesday 8.00-16.00
Thursday 8.00-16.00

Midwife

Hanna: 010-441 66 55

Answering hours:

Monday, Wednesday and Thursday
..... 11-12

Further support

Psychological support for mothers and children

Lisa Carlsson 070-020 59 11



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Närhälsan Kungshamn

